

UNIVERSITY OF MADRAS
BACHELOR OF COMPUTER APPLICATIONS (BCA)
DEGREE PROGRAMME
SYLLABUS WITH EFFECT FROM 2023-2024

Year: II

Semester: IV

Emotional Intelligence	220S4A
Common for B.C.A. , B.Sc.-SA , B.Sc.-CSc , B.Sc.-CSc-wAI , B.Sc.-CSc-wDS	
Credits 2	Lecture Hours: 2 per week
Learning Objectives: (for teachers: what they have to do in the class/lab/field) - To enable the students to understand the concepts of emotional intelligence - To teach the students on aspects relating to personality Analysis Self-analysis, Positive and Negative traits	
Course Outcomes: (for students: To know what they are going to learn) After completion of subjects students understand and application of Emotional Intelligence.	

Units	Contents
I	Introduction – Emotional Intelligence – Meaning, Benefits, *Importance of emotions – Self –awareness and competencies Psychological Needs, Emotional quotient Vs. IntelligenceQuotient.
II	Personality Analysis – Distinct Personality Type – Handwriting Analysis, color preference,listening, profile, self-esteem, *Will Power, Confidence.
III	Negative Traits – Anger Management – Negative Syndrome and Attitude - Negativethinking – Guilt Quotient Stress and Emotion, Adapting to Loneliness.
IV	Positive Traits – Humor and Happiness – Empathetic ability - Sensitivity profile – Empowered personality, Self – Empowerment.
V	Self-analysis: Psychological growth and adjustment - Personal Development Plan – Successful negotiator personal SWOT Analysis, Celebrating Life.

Reference Books:

1. Dr. Aparna Chattopadhyaym What's Your Emotional IQ, Pustak Mahal, May 2004.
2. Jill Dann, Hodder & Stoughton, Emotional Intelligence In a Week, 10 Edition, 2007.
3. Daniel Goleman, Emotional Intelligence: Why It can matter More than IQ.