

**UNIVERSITY OF MADRAS**  
**B.A. DEGREE PROGRAMME IN PHILOSOPHY**  
 SYLLABUS WITH EFFECT FROM 2023-2024

**Elective II Generic/Discipline Specific**  
**FOUNDATIONS OF PSYCHOLOGY**

Subject Code	Subject Name	Category	L	T	P	S	Credits	Inst. Hours	Marks		
									CIA	External	Total
109E2A	Foundations of Psychology	Elective	Y	-	-	-	3	4	25	75	100
Pre - requisite	Having Knowledge of Citta										

<b>Learning Objectives</b>	
LO1	An introduction to the systematic study of human cognition, emotion, and behavior with an emphasis on the scientific method.
LO2	Will know the fundamentals of behavior, learning, conditioning, development, cognitive processes, perception, emotion, personality.
LO3	Particular emphasis is placed on the use of the scientific method for the study of human nature
LO4	Students successfully completing the course will demonstrate a general understanding of the knowledge established in these area
LO5	Elucidate the nature of motivation

Units	Course Syllabus
Unit – 1	Definition and Scope of Psychology - Psychology as a Science – Branches, Schools and Methods of Psychology.
Unit – 2	Learning – Definition – Trial and Error learning – Conditioned Learning – Operant Conditioning – Insight Learning – Concept Learning.
Unit – 3	Forgetting – Retention, Recall, Recognition - Theories of forgetting.
Unit – 4	Behaviour Disorder – Psychoneurosis and Psychosis, Schizophrenia – Therapy for Behaviour Disorder – Psychotherapy, Somato therapy, Group therapy.
Unit – 5	Psychological Testing –Definition of Intelligence – I.Q – Tests and Characteristics, Performance Tests – Group Tests – Aptitude Tests – Projective Techniques in Personality Measurement, Ink-blot test –T.A.T.

<b>Course out Come:</b>	
1.	It will help you understand human behaviour and mental processes and allow you to better understand how we think act and feel.
2.	This course explores major content domains in modern psychology, from the biological to the behavioral.
3.	It improves skills in things like communication and conflict management.
4.	To enable students to understand, explain and also predict the emotions as well as the behavior of a person.
5.	Students also learn about the complex relationships between human behavior and the world in which we live.

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<b>Books for Reading:</b>
1. G.D Boaz, <u>General Psychology</u>
2. E.R.Hilgard & R.L.Atkinson, <u>Introduction to Psychology.</u>
3. S.P.Adinaryanan, <u>Principles of Psychology</u>
4. R.L.Bhatia, <u>General psychology</u>
5. Introduction to Psychology 7th Ed (Clifford Morgan    Richard A. King    John R. Weisz    John Schopler) Paperback – Touch and Feel, 20 August 2017

<b>Reference Book:</b>
1. Introduction To Psychology, by L Linda Davidoff
2. Psychology for Beginners: Introduction to the Basics of Psychology - 2 July 2019 - by Victor Langbehn (Author)
3. An Introduction to Psychology , Paperback by S K Mangal Ph.D

<b>Web Resources</b>
1. <a href="https://open.maricopa.edu/psy101/back-matter/appendix/">https://open.maricopa.edu/psy101/back-matter/appendix/</a>
2. <a href="https://www.studocu.com/en-us/document/towson-university/introduction-">https://www.studocu.com/en-us/document/towson-university/introduction-</a>
3. <a href="https://www.pearsonhighered.com/assets/samplechapter/0/2/0/5/0205969569.pdf">https://www.pearsonhighered.com/assets/samplechapter/0/2/0/5/0205969569.pdf</a>

**Mapping with Programme Outcomes:**

	<b>PO 1</b>	<b>PO 2</b>	<b>PO 3</b>	<b>PO 4</b>	<b>PO 5</b>	<b>PO 6</b>	<b>PO 7</b>	<b>PO 8</b>	<b>PO 9</b>	<b>PO 10</b>
<b>CO 1</b>	1	1	1	1	1	1	1	1	2	1
<b>CO 2</b>	1	2	2	2	2	2	2	2	2	3
<b>CO 3</b>	3	3	3	3	3	3	3	3	3	2
<b>CO 4</b>	2	3	3	3	3	3	3	3	3	2
<b>CO 5</b>	2	3	3	3	3	3	3	3	3	2

**Strong (3)      Medium (2)      Low (1)**

**Mapping with Programme Specific Outcomes:**

	<b>PO 1</b>	<b>PO 2</b>	<b>PO 3</b>	<b>PO 4</b>	<b>PO 5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PO9</b>	<b>PO10</b>
<b>CO 1</b>	1	1	1	1	1	1	1	1	1	1
<b>CO 2</b>	2	2	2	2	2	2	2	2	2	2
<b>CO 3</b>	3	3	3	3	3	3	3	3	3	3
<b>CO 4</b>	3	3	3	3	3	3	3	3	3	3
<b>CO 5</b>	3	3	3	3	3	3	3	3	3	3
<b>Weightage</b>	12	12	12	12	12	12	12	12	12	12
<b>Weighted percentage of course contribution to POS</b>	5-0	5-0	5-0	5-0	5-0	5-0	5-0	5-0	5-0	5-0

**Strong (3)      Medium (2)      Low (1)**